



Continuing Excellence LLC

## **Wounded Healers: Trauma Impact and Self-Care**

**Presenter:** Jill S. Levenson, Ph.D., LCSW

**Date:** September 22, 2021

**Time:** 11:00am – 1:00pm ET *(All times East Coast USA Local Time)*

### **I. 11:00am – 11:10am**

- Introduction and overview

### **II. 11:10am – 11:30pm**

- Wounded healers: How might trauma impact a staff member's work with clients?
- How might it affect their relationship to their supervision and the supervision process?

### **III. 11:30pm – 11:45 pm**

- Creating a trauma-informed work environment: Taking care of our own!
- Introduction to parallel processes

### **IV. 11:45pm – 12:15pm**

- Working with diversity
- Occupational Hazards

### **V. 12:15pm – 12:30pm**

- Vicarious trauma, compassion fatigue, and moral injury

### **VI. 12:30pm – 1:00pm**

- Developing and implementing a self-care plan

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